

# A.M.A.A

## INTERMEDIATE & JUNIOR TOURNAMENT

**16 YEARS & UNDER**

**10. am. Sunday 28<sup>th</sup>.MARCH**

**WEIGH IN 9:30.Burragah Rec. Centre**

**140 Kelly Rd. Modbury North**

Consists of:

- Kumite Contact, body only, continuous sparring
- Kata
- Precision Technique (self Defence)
- Weapons
- Team kata
- Spectacular Display



### ENTRY FEE:

**Competitors - \$10 one event**

**\$15 Up to three events**

**Spectators - Adults \$10. Children \$5**

**Children under 5 FREE**

**Food and Drinks available.**

**For more information Contact: Barrie Revell.Ph.0418859769.**

**Or Roy Fuller.Ph 82635396 Between 9am to 9pm any day**

Competitors must register names no later than.**20th.March 2010**

Go online to register at [www.amaa.org.au](http://www.amaa.org.au) and to read competition rules

Must provide own mouth guard and protective gear.